

The National Disability Insurance Scheme (NDIS) What's it all about?

What is the NDIS?

The National Disability Insurance Scheme (NDIS) is a Commonwealth Government program providing individualised funding to people with disability. The National Disability Insurance Agency (NDIA) administer the NDIS, making policy and funding decisions. Funding for [reasonable and necessary](#) support is included in an NDIS Plan. You have [choice and control](#) over how you use the funded supports in your NDIS plan, including which service providers you engage.

NDIS Eligibility

Most people under the age of 65 diagnosed with Motor Neurone Disease (MND) will be eligible for the NDIS.

To be eligible for the NDIS you must:

- ✓ Be under the age of 65.
- ✓ Be an Australian citizen, permanent resident or hold a Protected Special Category Visa.
- ✓ Live in Australia.
- ✓ Be diagnosed with a permanent impairment.
- ✓ Require disability-specific support to complete daily life activities.

What does the NDIS fund?

The NDIS provides individualised funding so you can access services to support your health and wellbeing, and your autonomy and independence at home and in the community.

Your NDIS plan may include funding for:

- ✓ In-home supports including personal care.
- ✓ Domestic and yard maintenance.
- ✓ Respite.
- ✓ Support to access and participate in the community.
- ✓ Equipment and assistive technology.
- ✓ Home modifications.
- ✓ Allied health and therapy.

Accessing the NDIS

The fastest way to access the NDIS is to:

1. Download and complete an [NDIS Access Request Form](#) from the NDIS website.
2. Ask your chosen [treating health professional](#) to complete the relevant sections. This could be your neurologist or GP, or an allied health provider.
3. Ask the treating health professional for [supporting evidence](#).
4. Return the form with the supporting evidence to NAT@ndis.gov.au.

You can call the NDIA on 1800 800 110 or visit [your local NDIS office](#).

Supporting evidence

When completing your Access Request Form your treating health professional will detail the MND symptoms you experience and the impact this has on one or more of the following areas:

- Mobility/motor skills.
- Communication.
- Social interaction.
- Learning.
- Self-care.
- Self-management.

You may have a letter of support from your neurologist or report from an existing allied health provider, include this information as supporting evidence.

After submitting the access request form

Once you submit your Access Request Form the NDIA will contact you with the outcome of your application. This may take a few weeks. Sometimes the NDIA request further evidence to support your application. Once accepted into the NDIS, the NDIA will schedule your first NDIS planning meeting. We recommend asking for the meeting to be held by an NDIA Planner with knowledge of MND via videoconference or in-person.

How will an MND NSW Advisor support me?

We recommend speaking with your [MND Advisor](#) before commencing the NDIS access process. Your MND Advisor will provide advice about applying for the NDIS. They will support you to set [NDIS Goals](#) and help you prepare for your first NDIS planning meeting. Your Advisor may be available to accompany you to your first planning meeting and provide an NDIS Letter of Recommendation to your NDIA Planner outlining the supports you need.

Consent

If you consent for your MND Advisor to contact the NDIA on your behalf about the status of your application and to assist with the scheduling of your planning meeting, submit a [NDIS Consent Form](#) with your NDIS Access Request Form.